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THE

ANTHROPOMETRIC TABLES

AMHERST COLLEGE.

1892.



THE

* RESULTS OF ANTHROPOMETRY. *

AS DERIVED FROM THE MEASUREMENTS OF THE STUDENTS

IN AMHERST COLLEGE.

A PAPER PRESENTED TO THE AMERICAN ASSOCIATION FOR THE AD-VANCEMENT OF PHYSICAL EDUCATION AT THEIR ANNUAL MEETING IN PHILADELPHIA, APRIL, 1892.

E Hitchcock, Edwards

AMHERST, MASS.: Press of Carpenter & Morehouse, 1892.

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PHYSICAL MEASUREMENTS AS AFFORD-ING A BASIS FOR THE DETERMINA-TION OF THE IDEAL MAN.

More than a century ago, Sir Joshua Reynolds in England used this language:

"From reiterated experience and a close comparison of the objects of nature, the artist becomes possessed of a central form from which every deviation is deformity. * * * * And as there is one general form which belongs to the human kind at large, so in each of these classes there is one common idea and central form which is the abstract of the various individual forms belonging to that class. But I must add further, that though the most perfect forms of each of the general divisions of the human figure are ideal, and superior to any individual forms of that class, yet the highest perfection of the human figure is not to be found in any one of them. It is not in the Hercules, nor in the Gladiator, nor in the Apollo; but in that form which is taken from them all, and which partakes of the activity of the Gladiator, of the delicacy of the Apollo, and the muscular strength of the Hercules."

The object of this article is not to exhibit on paper or in figures the ideal human form, but believing there is an ideal form as conceived in the Divine mind, and that this ideal is by no means as yet present to us in the bodies of our young men; but to show that the studies here presented may give us some glimpses of this ideal, and how we may approximate to it. Or, perhaps it is better to say that these studies show us what is the best human form and proportion as it actually exists to-day, and then from the special and peculiar excellencies as brought out in these researches, we can set ourselves to work to see if we cannot elevate the average to a higher ideal.

But firstly let us bring up a little past history of the study of the human form in ideal.

The Sanscrit manuscript written in the early Christian centuries is the oldest literature on this subject. It is called the Silpi Sastri, and with great exactness and precision divides the human body into nine portions, and 480 parts.

The hair,	15
The face,	55
The neck,	25
The chest,	55
From the chest to the navel,	55
Thence to the pubes,	53
" knee,	90
The knee itself,	30
The leg and foot,	102
	480

And by a most "occult" administration of a tangle of squares, circles and triangles it was "demonstrated" in this manuscript what the perfect human form might be expected to resemble.

A Greek sculptor Polykleitus about 400 years B. C. has left a treatise called the "canon" on human proportions. This was illustrated by a marble statue called Doryphorus, or Spear Bearer, which was said to have been of "perfect proportions." But the model has disappeared.

Phidias, still later, employed twenty models, borrowing from each of them the most beautiful parts "permitting him to arrange them with all the necessary strength and dignity."

And other schemes have been devised, and have perished, by other lesser lights among artists ancient and modern, endeavoring to tell us what is the perfect or ideal human form.

But near the beginning of the present century, as scientific methods have come to the front to confirm or overthrow theory as it may be true or false, the artistic conception has been asked to wait a little while, until patient, plodding, scientific investigation shall show us what we now have on hand to enable us to try and construct the artistic ideal.

And the first investigator in this field of research is no less a man than Baron L. A. G. Quetelet of Belgium, in the prime of his activities from 1850 to 1870. His work which we find under the different captions of "proportions," "superficial extent," "development," "measure of the different faculties" and "theory of probabilities of the human body" he most carefully carried out by observation, experiment, and use of the doctrine of means and averages over an immense field of investigation. And to Baron Quetelet we must give the title of the Father of Anthropometry.

Since the year 1884, the American Association for the Advancement of Physical Education has received, and there have been read at its annual meetings many papers on anthropometry and its kindred subjects. It has also adopted a definite method of ascertaining the proportions of the human body mainly as derived from measurements made in colleges, schools and the Y. M. C. associations.

Working in the very close direction of the method adopted by this association, the Department of Physical Education in Amherst College has been making a prolonged and careful study of the physical statistics of all of the nearly 3000 students who have been connected with this Institution during the last thirty years. The results of study have been carefully preserved, collected and tabulated in several different ways, and the most important of them are appended to this paper. It has not, however, been the design in it all, to labor according to any preconceived theory or model, but merely to gather together the facts, and then find out the law or method which they seem to outline or foreshadow.

This large mass of measurements has been looked at, arranged and tabulated in the following different ways.

The first one is in the common method of taking the Average of each item of all the students measured. This means, adding together the measures of each student, and then dividing the amount by the total number of students observed. This is to be found under the table of the Average Student.

As twenty-one years is considered by common law to be the date of arriving at full manhood, the measurements of those who were between Twenty-one and Twenty-two Years of Age are arranged and exhibited under the table The Student Twenty-one Years Old.

For the sake of further unfolding the subject, these measurements have been arranged and tabulated according to the doctrine of means, or, of mean proportions. The method of securing this, is, to arrange all the items in groups with a common difference, from the least to the greatest, when we readily find the group with the largest number, which represents the mean number of the whole. This is found under table 3, or the one of the Student of mean proportions.

Another way of illustrating these results is the grouping of all the items by the Ages of the Individuals. The ages as studied here have been from sixteen to twenty-six. This is the Table of Ages.

The Percentile Method is another way of expressing the results of these measurements. This method is analogous to that of the

"means." The items here are all arranged in order from the greatest to the least, when five per cent. are counted off for the first division, ten more for the second, and so on down to fifty per cent., which corresponds very closely with the "average," or "mean," as already described. These five divisions indicate a measure above the fifty per cent. Then another division of ten per cent. indicates forty per cent. below the fifty per cent. division; and another ten, per cent, thirty more below, and so on to the minimum of five per cent.

The last table is that with STATURE for a basis of comparison. Here all the items are grouped together under the differing body heights, from the lowest to the highest with the variation of one centimeter, or about half an inch in each group. For instance, taking the lowest group measuring 1600 m. m. or 63 inches, all men of this height—1600 to 1609— are tabulated together and each of the fifty-four items averaged to secure the standard of measurements for men of the heighth of 1600 m. m., or 63 inches. Then the other heights, 1610, 1620 and so on up to 1830 m. m., or 72 inches, are tabulated in the same manner. This is the table represented By Heights.

Thus are brought side by side six different ways of studying the anthropometric results obtained from the students of Amherst College. And it certainly is both instructive and interesting to see the close relation of results in these different methods, and very likely if we feel that we must adopt one of these several methods, we shall have to be on our guard lest we should need the advice of the countryman to the traveler who inquired which was the best of three roads before them, "all of them lead you there, but whichever one you take before you get there you'll wish you had taken the other."

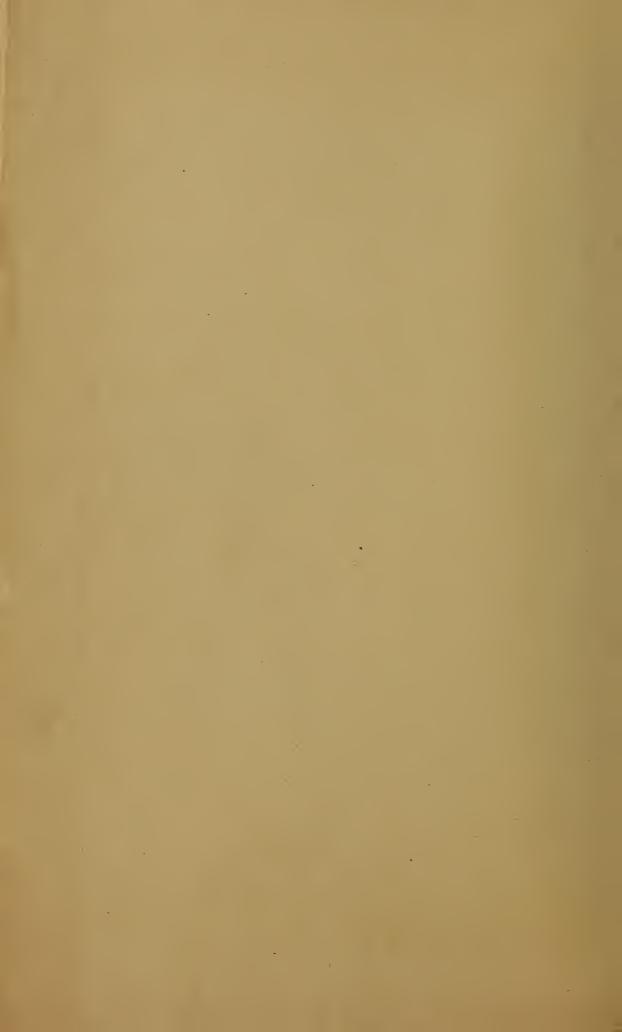
For, without doubt, age, weight, stature and per cent. are each important factors in this problem, when we are to treat it in a cosmopolitan manner. But for educational and developmental study, where so much of the need of physical training now lies, for the training, strengthening and developing weak and poorly developed bodies, the Standard of Stature seems the safest and surest to work from. The painter and sculptor certainly makes his dimensions of size according to the height of the subject he is placing on canvas or in marble. There are certain limits to the outline of the tall person which he would not give to a shorter figure, even if the age were exactly the same. He would not add the encumbrance of fat to the figure short and chubby, even though the theory was ever so strong that just so much adipose must be there all the same, no matter

what the lengths of the bone so warmly covered up might be. And it seems rational to suppose that the capacity and size of the vital organs, and the strength of the muscles, to move the longer or shorter levers will be proportioned to the length of trunk and limb, rather than to the mere weight of the tissues. Also the facts are established, beyond doubt, long ago, that the size of the lungs and some other vital organs, depends in each individual case upon the bodily stature, so many additional cubic inches of lung capacity for each inch of stature. And as strength of muscle depends on the number rather than the length of its fibers, we shall see that the long arm or leg needs a thicker muscle to move it than does a shorter one. Hence the trunk, arm or leg of the person a little longer than another of exactly the same age or weight, would require a little longer girth measure, to endue it with the strength proportioned to the size.

It will not, however, be right to dismiss this subject without presenting to this association the opinion of Mr. Charles Roberts, the foremost authority on anthropometry in Great Britain to-day. In treating of the subject in "index columns, age columns and result columns," he sums up the whole by saying, "the total height being the most characteristic and important measurement of the body, the arrangement of the table of heights has been made the model for all the rest."

In concluding, it seems safe to say, that the examination of the tables constructed on Bodily Stature as a datum give strong support to the idea that this element is the determining basis for an anthropometric standard whether of the ideal man, or for rational deductions and prescriptions for a better or more normal rate and quality of bodily growth.

It is a pleasure and privilege to say that the preparation and printing of these tables, and the offer of a copy to each member of this association is made possible by the endowment of a "contingent fund" for anthropometric, and its kindred work in Amherst College by Dr. Rufus P. Lincoln in New York.



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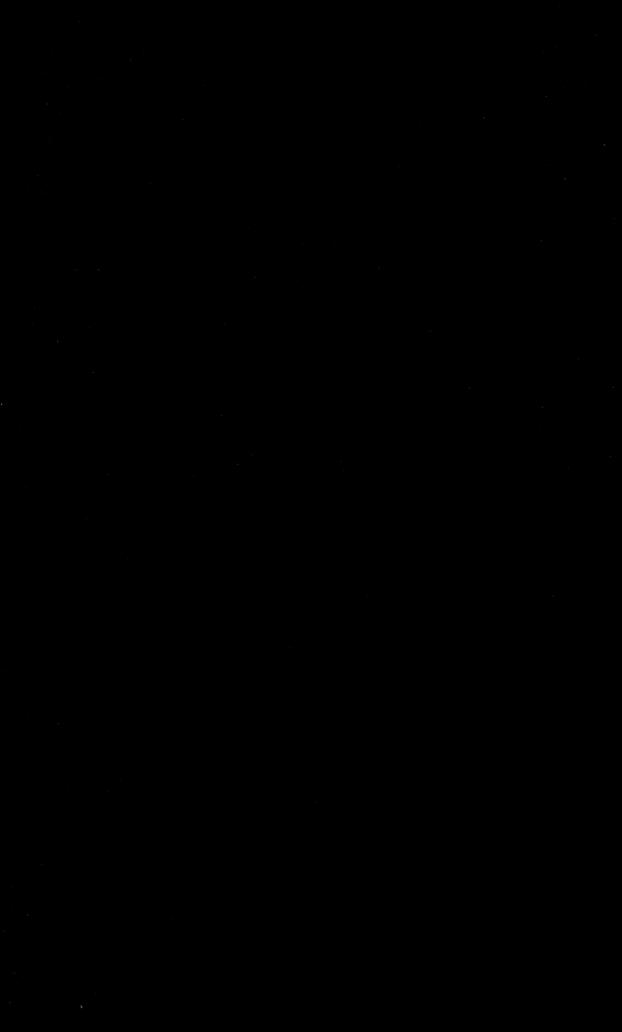
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Anthropometric Study of the Students of Amherst College.

The black figures represent millimeters, kilograms and liters; the red, inches, pounds and enhic inches

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Anthropometric Study of the Students of Amherst College.

6. TABLE OF HEIGHTS.-1322 MASUREMENTS.

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WEIGHT Sternum Navel. Pulves. Knee. Sitting. Flend. Neek. Cheet Repose Cheet Full. Higs. Higs.	Left Thigh. Right knee. Left Knee. Left Galf. Left Galf. Right Lastep. Left Linstep. Left Linstep. Left Linstep. There Right Arm Contract Topoer Right Arm Contract Topoer Right Left Elbow. Left Elbow. Right Foreurn Right Wrist.	fearl. fearl. fearl. fipples.	eft Foot. eft Foot. treeted Arms. forfcontal lorges. lorges. inl. ege.	eft Forearm. oral. APACITY OF LUNG
1600 mm, 53.9, 1290 947, 797, 425 851 559 335 851 881 702 860 500 63.0 in, 118.5 50.8 87.4 81.3 16.7 83.5 22.0 13.2 33.5 84.6 27.7 33.9 19.7	497 841 339 325 323 231 229 275 248 244 241 237 253 248 161)	151 104 413 191 245 313 349 346 430 429	242 241 1660 1610 1.3 126 10 11 130 34	81 470 3,16 2,2
1610 mm. 54.0 1300 958 800 430 856 561 338 852 882 703 860 501	19.5 13.4 13.3 12.8 12.7 9.1 9.0 10.8 9.8 9.6 9.5 9.3 10.0 9.6 6.3 3 498 341 339 326 324 231 229 277 248 244 241 237 253 248 161 7	5.9 4.1 16.2 7.5 9.6 12.3 13.7 13.6 16.9 16.9	9.5 9.5 65.4 63.4 2.9 278 287 75	
63.4 in. 118.5 51.2 37.8 31.6 16.9 33.7 22.1 13.4 33.6 84.7 27.7 33.9 19.7 1620 mm, 54.1 1300 962 810 439 8691 562 340 854 888 703 864 5	19.6 13.4 13.3 12.8 12.7 9.1 9.0 10.9 9.8 9.6 9.5 9.3 10.0 9.8 6.3	59 41 1163 78 98 19 3 18 8 13 7 17 1 17 1	244 243 1690 1620 1.3 126 7 10 143 34 9.6 9.6 66.5 63.8 2.9 278 315 75	31 430 3.21 2.4 68 196
68.8 in. 119.0 51.2 87.9 31.9 17.3 84.2 22.1 13.4 33.6 34.9 27.7 84.0 19	498 342 340 333 381 232 230 280 248 244 242 238 253 248 162 3	151 -106 418 192 245 815 353 350 436 435	244 243 1690 1640 7 1.4 126 8 10 147 34	The same of the sa
1630 mm. 54.5 1320 966 812 442 870 562 845 857 900 703 864 50	19.6 13.5 13.4 13.1 13.0 9.1 9.0 11.0 9.8 9.6 9.5 9.4 10.0 9.8 6.4 3 498 343 841 335 333 233 231 280 252 248 242 238 254 249 162 5	3 5.9 4.1 16.4 7.6 9.6 12.4 13.9 13.8 17.2 17.1 152 10.66 419 193 245 316 354 351 438 437	9.6 9.6 66.5 64.6 3.1 278 324 75	
64.2 in. 119.9 52.0 88.0 32.0 17.4 84.3 22.1 13.6 33.7 35.4 27.7 34.0 19.7	19.6 13.5 13.4 13.2 13.1 9.2 9.1 11.0 9.9 9.8 9.5 9.4 10.0 9.8 6.4 8	152 106 419 193 245 316 354 351 438 437 3 6.0 4.1 16.5 7.6 9.6 12.4 13.9 13.8 17.2 17.2	244 243 1690 1650 1.2 126 9 11 148 36 9.6 9.6 66.5 65.0 2.6 278 326 79	183 459 3.27 2.5 78 199
1640 mm. 54.7 1330 974 814 448 879 563 345 857 900 708 873 503 64.6 in. 120.3 52.2 38.4 32.1 17.6 34.5 22.2 13.6 33.7 35.4 27.8 84.4 19.8	498 344 342 336 334 234 232 282 253 249 242 238 254 249 162	152 106 423 193 247 316 357 854 442 441	247 246 1700 1650 1.2 126 8 9 149 36	
1650 mm. 55.5 1340 979 820 448 880 563 346 864 901 709 879 504	19.6 13.5 13.5 13.2 13.1 9.2 9.1 11.1 10.0 9.8 9.5 9.4 10.0 9.8 6.4 500 346 344 337 335 236 233 283 254 250 242 238 255 250 162	0.0; 4.1 10.0 7.0 3.1 12.4 14.0 10.0 17.4	9.7 9.7 66.9 65.0 2.6 278 328 79	
65.0 in. 122.1 52.8 88.5 32.3 17.6 \$4.6 22.2 13.6 34.0 35.4 28.0 34.6 19.8	19.7 13.6 13.5 13.3 13.2 9.3 9.2 11.1 10.0 9.8 9.5 9.4 10.0 9.8 6.4	152 107 424 194 248 316 358 355 443 442 6,0 4.2 16.6 7.6 9.8 12.4 14.1 14.0 17.4 17.4	249 248 1700 1660 1.3 127 6 10 150 37 9.8 9.8 66.9 65.4 2.9 280 331 82	
1660 mm. 57.3 1350 983 885 450 883 565 347 865 903 710 881 5^2 65.4 in. 127.1 53.2 88.8 33.0 17.7 84.7 22.2 13.7 34.0 35.5 28.0 34.7 1	508 347 845 840 338 236 233 285 254 250 245 241 256 251 162 5	153 107 429 195 248 316 361 356 445 444	252 251 1700 1680 1.2 128 7 11 151 37	
1670 mm. 57.9 1350 986 839 454 884 565 348 868 904 710 882 4	19.8 13.7 13.6 13.4 13.3 9.3 9.2 11.2 10.0 9.8 9.6 9.5 10.1 9.9 6.4 506 348 346 342 340 287 235 235 254 250 245 241 257 252 163.	8 6.0 4.2 16.9 7.7 9.8 12.4 14.2 14.0 17.5 17.5	9.9 9.9 66.9 66.1 2.6 282 333 82	2 75 214
65.7 in. 127.3 53.2 88.9 33.1 17.8 84.8 22.2 33.7 34.2 35.5 28.0 84.7 20.6	19.9 13.7 13.6 13.5 13.4 9.3 9.2 11.2 10.0 9.8 9.6 9.5 10.1 9.9 6.4	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	252 251 1720 1680 1 2 129 8 10 154 37 9.9 9.9 67.7 66.1 2.6 284 339 82	7 34 460 3.52 2.2 2 75 215
1680 mm. 60.1 1360 991 853 460 891 565 348 872 905 714 882 517 66.1 in. 132.0 53.5 39.0 33.6 18.1 35.0 22.2 13.7 34.3 35.6 28.1 34.7 20.3	514 351 349 845 313 237 235. 287 254 250 247 243 258 254 163	153 108 431 196 252 320 366 363 446 445	252 251 1730 1690 1.2 130 7 10 159 89	
1690 mm. 60.2 1400 1020 862 473 905 566 350 872 909 722 884 517	20.2 13.8 13.7 13.6 13.5 9.8 9.2 11.3 10.0 9.8 9.7 9.6 10.1 10.0 6.4 5 514 352 350 345 343 237 235 287 257 253 249 245 261 256 164 5	0.0 4.2 10.0 1.1 0.0 12.0 14.1 14.0 17.0 17.0	9.9 9.9 68.1 66.5 2.6 287 850 80	5 79 216
66.5 in. 132.4 55.1 40.2 34.0 18.6 35.6 22.3 13.8 34.3 35.8 28.4 84.8 20.3	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	2 153 108 431 196 252 324 366 363 4£0 449 4 4 6.0 4.2 16.9 7.7 9.9 12.7 14.4 14.3 17.7 17.7		
1700 mm. 61.3 1400 1020 863° 474 908 571 350 876 913 722 886 518 66.9 in. 134.8 55.1 40.2 34.0 18.7 55.7 22.4 13.8 34.5 35.0 28.4 34.8 20.4	515 354 352 346 344 237 235 290 257 253 249 245 261 256 166	153 108 431 196 253 330 367 364 455 454	256 255 1770 1750 1.3 136 6 9 163 40	6 79 220 0 37 441 3.63 2.2
1710 mm, 61.3 1400 1020 863 474 908 571 352 880 916 723 886 519	20.3 13.9 13.9 13.6 13.5 9.3 9.2 11.4 10.1 10.0 9.8 9.6 10.3 10.1 6.5	4, 6.6 4.2 16.9 7.7 10.0 13.0 14.4 14.3 17.9 17.9	10.1 10.0 69.7 67.7 2.9 300 359 88	8 82 221
67.3 in. 134.8 55.1 40.2 34.0 18.7 35.7 22.4 13.9 34.6 36.1 28.4 34.8 20.4	516 355 354 347 345 239 237 292 257 253 249 245 262 257 166 4 20.3 14.0 13.9 13.7 13.6 9.4 9.3 11.5 10.1 10.0 9.8 9.6 10.3 10.1 6.5	153 108 431 196 253 332 368 365 457 456	259 258 1770 1760 1.1 137 6 9 164 40	37 470 3.66 2.4
1720 mm. 61.7 1410 1020 867 478 910 572 353 887 926 723 888 520	517 857 855 347 345 241 239 293 260 258 252 248 263 258 166	4 6.0	10.2 10.1 69.7 69.8 2.4 301 361 88 260 259 1780 1760 1.1 138 7 10 164 40	8 82 223 0 37 482 3.78 2.7
67.7 in. 135.7 55.5 40.2 34.1 18.8 35.8 22.5 13.9 34.8 36.5 28.4 34.9 20.5 1730 mm. 62.1 1410 1040 870 484 918 572 354 887 930 726 895 521	20.3 14.0 14.0 13.7 13.6 9.5 9.4 11.5 10.2 10.1 9.9 9.8 10.3 10.1 6.5		10.2 10.2 70.1 69.3 2.4 304 361 8	8 82 231
68.1 in. 136.6 55.5 40.9 34.3 19.0 36.1 22.5 13.9 34.8 36.6 28.5 35.2 20.5	518. 360 358 351 349 242 240 295 260 258 252 248 263 258 167 20.4 14.2 14.1 13.8 13.7 9.5 9.4 11.6 10.2 10.1 9.9 9.8 10.5 10.1 6.6	5 153 109 432 198 254 332 369 366 465 464	264 263 1810 1770 1.3 140 6 10 164 40	
1740 mm. 62.5 1420 4050 874 486 918 572 354 889 931 729 896 522	519 361 359 351 349 244 241 296 261 257 254 250 263 258 167	5 6.0 4.3 17.0 7.8 10.0 13.1 14.7 14.4 18.3 18.3 5 154 109 432 198 254 335 371 369 468 467	10.4 10.3 71.3 69.7 2.9 309 361 86 264 263 1810 1770 1.2 140 5 8 165 41	8 82 238 1 38 449 3.91 2.3
68.5 in. 137.5 55.9 41.3 34.4 19.1 36.1 22.5 13.9 35.0 36.6 28.7 35.3 20.5 1750 mm. 63.9 1430 1050 880 486 918 572 355 889 931 731 908 522	20.4 14.2 14.1 13.8 13.7 9.6 9.5 111.6 10.3 10.1 10.0 9.8 10.3 10.1 6.6	5 6.1 4.8 17.0 7.8 10.0 13.2 14.6 14.5 18.4 18.4	10.4 10.8 71.3 69.7 2.6 309 364 96	0 84 289
68.9 in. 140.5 56.3 41.3 34.6 19.1 36.1 22.5 14.0 35.0 36.6 28.7 35.7 20.5	519 364 361 351 349 244 241 296 261 257 254 250 263 258 167		265 264 1810 1770 1.2 140 6 8 167 4	1 38 476 3.94 2.8
1760 mm. 65.1 1440 1060 886 489 924 573 355 890 931 738 912 522	20.4 14.3 14.2 13.8 13.7 9.6 9.5 11.6 10.3 10.1 10.0 9.8 10.3 10.1 6.6 519 365 363 353 351 245 243 296 260 258 254 250 264 259 168	5 6.1 4.3 17.0 7.9 10.0 13.2 14.8 14.7 18.4 18.4 6 154 109 438 199 254 335 381 379 468 467		0 84 240
69.3 in. 56.7 41.7 34.9 19.8 36.4 22.5 14.0 35.0 36.6 29.0 85.9 20.5 1770 mm. 67.8 1450 1060 895 494 925 574 355 890 934 738 912 523	20.4 14.4 14.3 13.9 13.8 9.6, 9.6 11.6 10.2 10.1 10.0 9.8 10.4 10.2 6.6 1			1 88 469 4.02 2.6 0 84 245
69.7 in. 57.1 41.7 35.2 19.6 36.4 22.6 14.0 35.0 36.7 29.0 35.9 20.6	519 366 364 353 351 245 243 296 260 258 255 251 265 261 168	6 154 109 438 200 256 335 382 379 470 469	266 265 1810 1780 1.8 141 5 8 168 4	
1780 nm. 67.8 1450 1070 896: 499 925 575 356 891 936 741 912 523	20.4 14.4 14.3 13.9 13.8 9.6 9.6 11.6 10.2 10.1 10.0 9.9 10.4 10.3 6.6 519 366 664 353 351 246 244 297 261 259 255 251 266 261 168	377		
70.1 in. 57.1 42.1 35.2 19.7 36.4 22.6 14.0 35.1 36.8 29.2 35.9 20.6	20.4 14.4 14.3 13.9 13.8 9.7 9.6 11.7 10.3 10.2 10.0 9.9 10.5 10.8 6.6	3" 154 109 438 200 256 336 384 381 475 474 6.1 4.8 17.2 7.9 10.1 13.2 15.1 15.6 18.7 18.7	267 266 1820 1780 1.2 141 5 8 169 41 10.5 10.5 71.7 70.1 2.6 311 372 9	
1790 mm. 68.0 1460 1080 899 500 933 576 356 893 936 745 916 523 70.5 in. 57.5 42.5 35.4 19.7 36.7 22.7 14.0 35.2 36.8 29.3 36.1 20.6	519 367 365 354 352 247 245 300 261 259 256 252 267 262 169	1 155 109 488 201 256 237 395 392 480 479	1 270 269 1850 1790 1.2 142 5 9 171 49	2 40 456 4.18 2.3
1800 mm. 68.2 1470 1090 907 504 934 582 356 894 938 748 921 524	20.4 14.4 14.4 13.9 13.9 9.7 9.6 11.8 10.3 10.2 10.1 9.9 10.5 10.3 6.6 522 369 367 354 352 247 245 300 261 259 256 252 268 263 170	6.1 4.3 17.2 7.9 10.1 13.3 15.5 15.4 18.9 18.9		2 88 255
70.9 in. 57.9 42.9 35.7 19.9 36.7 22.9 14.0 35.2 36.9 29.4 36.2 20.6	522 369 367 354 352 247 245 300 261 259 256 252 268 263 170 20.5 14.5 14.4 13.9 13.9 9.7 9.6 11.8 10.3 10.2 10.1, 9.9 10.5 10.3 6.7	1 155 109 439 201 256 340 396 893 484 483 4 6,2 4,3 17,3 7,9 10,1 13,4 15,6 15,5 19,0 19,0	273 272 1870 1790 1.1 145 5 8 172 45 10.7 10.7 73.6 70.5 2.4 820 379 9	3 40 456 4.42 2.2 5 88 270
1810 mm. 68.2 1480 1090 918 517 937 582 356 898 939 748 921 524 71.3 in. 58.3 42.9 36.1 20.3 36.8 22.9 14.0 35.3 37.0 29.4 36.2 20.6	522 369 367 356 354 247 245 300 262 260 256 252 268 263 171		The same of the sa	3 40 485 4.43 2.4
1820 mm. 68.3 1480 1090 919 519 939 583 356 898 953 748 922 526	20.5 14.5 14.4 14.0 13.9 9.7 9.6 11.8 10.3 10.2 10.1 9.9 10.5 10.3 6.7	6.2 4.3 17.3 8.1 10.2 13.4 15.6 15.5 19.1 19.0	10.8 10.7 74.0 70.0 2.6 324 381 9	5 88 270
71.7 in. 58.3 42.9 36.2 20.4 37.0 23.0 14.0 35.3 37.5 29.4 36.3 20.7	523 369 367 356 354 247 245 300 262 260 256 252 269 264 171 20.6 14.5 14.4 14.0 13.9 9.7 9.6 11.8 10.3 10.2 10.1 9.9 10.6 10.4 6.7	1 156 109 440 206 263 341 397 394 486 485 4 6.2 4.3 17.3 8.1 10.3 13.4 15.6 15.5 19.1 19.1	274 273 1890 1820 1.1 147 6 8 174 40 10.8 10.7 74.4 71.7 2.4 324 384 9	
1830 mm. 68.3 1505 1120 921 525 939 583 856 899 956 749 923 529 72.0 ln. 59.8 44.1 36.3 20.7 37.0 23.0 14.0 35.4 37.6 29.5 86.3 20.8	527 369 367 356 354 247 245 300 264 262 257 253 269 264 172	1 156 109 445 206 263 341 398 395 488 487		4 41 485 4.48 2.5
7-1-7-1.0	20.7 14.5 14.4 14.0 13.9 9.7 9.6 11.8 10.4 10.3 10.1 10.0 10.6 10.4 6.8	6.2 4.3 17.5 8.1 10.3 13.4 15.7 15.6 19.2 19.2		



Anthropometric Study of the Students of Amherst College.

7. TABLE OF PERCENTAGES.—2230 MEASUREMENTS.

The black figures represent millimeters, kilograms and liters; the red, inches, pounds and cubic inches.

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-:	HEIGHTS,	GIRTHS.	BREADTHS.	LENGTHS. STRENGTHS.
PER CENT	WEIGHT. Sternum. Sternum. Sternum. Flubes. Neck. Chest Repose. Chest Full. Belly. High. Thigh.	Right Thigh. Left Thigh. Left Knee. Left Knee. Left Calf. Left Calf. Left Listep. Upper Right Arm. Upper Right Arm. Upper Right Arm. Left Elbow. Left Elbow. Left Elbow. Left Wrist Left Wrist	Head. Neck. Shoulder. Waist. Nipples. Right Shoulder Elbow. Right Elbow. Right Elbow. Left Elbow Left Elbow	Right Foot. Left Foot. Stretch of Arms. Horizontal Lungs. Back. Dip. Dip. Legs. Legs. CAPACITY OF CAPACITY OF
5	163.7 1.9 59.1 43.6 36.8 20.6 37.5 23.3 15.1 38.1 39.8 32.1 37.9 22.	2.5 22.3 15.3 15.3 15.0 15.0 10.5 10.4 13.2 11.5 11.3 10.7 10.6 17.3 11.0 7.0 7.0	163 119 468 281 352 222 403 402 494 492 6.4 4.7 18.4 11.1 13.9 8.8 15.9 15.8 19.4 19.4	10 9 10 9 75 2 72 4 4 85 428 525 116 9 110 9 1490 901 6
10	157.0 71.1 58.3 43.0 36.1 20.2 37.1 23.2 14.9 37.3 39.1 31.2 37.3 22.1	$\begin{bmatrix} 559 & 556 & 380 & 380 & 374 & 371 & 260 & 260 & 327 & 286 & 280 & 269 & 264 & 281 & 275 & 175 & 174 & 275 & 27$	161 116 461 274 345 217 397 395 486 485 6.3 4.5 18.1 10.8 13.6 8.6 15.6 15.6 19.1 19.1	100F 0FF 100H 1000 0 0 150 10 10 10 10 10
20	149.6 69.9 57.3 42.1 35.3 19.6 36.6 22.8 14.6 36.4 38.2 30.3 36.5 2 1	$\begin{bmatrix} 42 & 539 & 373 & 372 & 364 & 362 & 255 & 253 & 315 & 277 & 270 & 262 & 259 & 275 & 269 & 171 & 170$	158 113 451 266 338 209 388 387 478 476 6.2 4.4 17.7 10.4 13.3 8.2 15.3 15.3 18.8 18.7	270 270 1850 1789 1.7 160 10 12 199 46 43 542 4.42
30	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$	$\begin{bmatrix} 631 & 529 & 368 & 369 & 359 & 356 & 250 & 249 & 308 & 270 & 264 & 259 & 254 & 270 & 264 & 169 & 168 \\ 0.9 & 20 & 8 & 14 & 5 & 14 & 5 & 14 & 1 & 14 & 0 & 9 & 8 & 9 & 7 & 12 & 1 & 10 & 7 & 10 & 5 & 10 & 3 & 10 & 0 & 10 & 6 & 6 & 6 & 6 & 6 \end{bmatrix}$	156 111 445 261 333 204 382 380 472 471	266 266 1829 1769 1.6 150 8 11 184 43 41 507 4.22
40	- N - MAN - A - MAN - A - MAN - A - A - A - A - A - A - A - A - A -	522 519 362 363 352 351 246 245 300 265 259 255 250 267 266 168 165	154 110 439 257 329 200 377 375 466 465 6.1 4.3 17.2 10.1 13.0 7.9 14.9 14.8 18.3 18.3	263 263 1808 1750 1.5 149 7 10 175 41 39 479 4.03
50	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		153 108 433 253 325 196 373 371 461 459 6.0 4.3 17.0 10.0 12.8 7.7 14.7 14.6 18.2 18.1	260 260 1789 1739 1.4 139 6 9 169 39 37 453 3.89
40	59.9 1710 1399 1019 854 469 897 564 348 870 913 718 882 500 132.0 67.3 55.1 40.1 33.6 18.4 35.3 22.2 13.7 34.3 35.9 28.3 34.7 1 9.6 57.8 1692 1380 1007 842 461 888 560 843 850 843 850		152 107 427 249 321 192 369 367 456 454 6.0 4.2 16.8 9.8 12.7 7.6 14.5 14.4 18.0 17.9	257 257 1769 1723 1.2 130 4 8 157 37 35 431 3.71
30	57.8 1692 1380 1007 842 461 888 560 342 859 900 704 872 49 127.4 66.6 54.3 39.6 33.2 18.1 34.9 22.0 13.5 33.9 35.4 27.7 34.4 19.1 55.9 1674 1363 992 829 452 870 556 808 844 884 888 280	00 100 010 010 000 00= 00= 000 000 010 01	150 105 421 245 317 189 364 363 451 449	254 254 1749 1709 1.1 124 3 7 149 35 33 406 3.57
20		$87 \mid 482 \mid 342 \mid 344 \mid 329 \mid 329 \mid 232 \mid 232 \mid 275 \mid 242 \mid 237 \mid 239 \mid 234 \mid 250 \mid 242 \mid 1 \mid 59 \mid 158 \mid$	5.9 4.2 16.6 9.7 12.5 7.3 14.3 14.3 17.8 17.7 149 103 413 240 313 184 359 357 445 444 5.9 4.2 16.6 9.7 12.5 7.3 14.3 14.3 17.8 17.7	251 251 1725 1687 1.0 117 2 6 139 33 31 374 3.38
10	36 22.5 PEACH TABLE OF COLOURS THAT SOUN HOUSE VIEW RASH RASH RASH RASH RASH RASH	TILLED GOT DOG GOD GOD GOD LOOD LOOD GOD GOD GOD LOOD LO	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	1010 017 1000 7070 0 0 0 0 0 0 0 0 0 0 0
5	112.4 64.1 52.0 27.5 21.2 17.0 22.0 21.5 12.0 21.5 22.0 23.46	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	145 99 393 230 301 173 345 343 428 427	242 241 1670 1687 0.7 99 0+3 112 28 26 309 2.93
	18.	8.2 18.0 12.9 13.0 12.3 12.3 8.8 8.8 10.1 9.0 8.7 9.0 8.8 9.4 9.1 6.0 5.9	9.7 5.9 15.5 9.1 11.8 6.8 13.6 13.5 16.8 16.8	9.5 9.4 65.7 64.5 1.54 218





